

Rethink Plastic! Here is a good start on tips to reduce your plastic use. Try to imply one or two per box and find what works for you!

**GEORGIAN BAY
FOREVER**



Plastic Alternatives

Bamboo Toothbrush | Re-usable Water Bottle | Bees Wax Wrap | Bar Shampoo | Matches (instead of lighters) | Metal or glass straws | Coffee Thermos | Paper banners (instead of balloons) | Homemade cleaning products | Re-usable grocery bag | Product mesh bags | Re-usable coffee pods

Challenge Yourself!

Record a days worth of plastic use to identify easy ways to reduce.

Know Before You Throw!

Familiarize yourself with your towns recycling program.

Think of the first "R" as refuse.

Avoid Single Use Plastic Items

Strive for Progress, not for Perfection!

Local Eco-stores submitted by you*:

*SiSi Georgian Bay: Parry Sound
West Lake Cosmetics: Parry Sound
Dainty Delights: Parry Sound
TreeChic: Parry Sound
EcoFitter: Pointe Au Baril
Bulk Barn: Various Locations
Sustain Ecostore: Huntsville
Refillery District: Orillia
Find more locations at
<https://zerowastecanada.ca/tag/zero-waste-stores/>*

In the Kitchen

- Buy dry goods in bulk and store in glass containers*
- Cover leftovers with bees wax or store in tubberware*
- Ditch the freezer bag or re-use it. Check out "Stasher Aqua Silicone Bag"*
- Quit plastic sponges: use a cloth and wash when needed. Steel wool is great for caked on pots*

Out and About

- Carry a reusable water bottle. Many stores will refill it for you for free!*
- Bring a thermos to the coffee shop*
- Bring your own container for leftovers at restaurants*
- Refuse the straw*

At Celebrations

- Swap paper banners for balloons*
- Avoid bows or ribbons on gifts*
- If needed, opt for paper plates instead of plastic or Styrofoam*
- Ask guests to bring their own cutlery*
- Go for gifts with less packaging*
- Use non-metallic and non-glittery wrapping paper. Better yet – skip the wrapping!*

In the Bathroom

- Use bar soap and shampoo*
- Use metal razors*
- Use a bamboo tooth brush*

At the Store

- BYOB*
- Avoid food/products with excessive packaging*
- Bring your own container to the deli*